

NEW FOR
2023/24

Hello from SIPS Catering!

For anyone that doesn't know us, we're part of the SIPS Education family - a not-for-profit organisation based in West Bromwich. SIPS provides a range of services to schools, and we're proud to be the caterer of choice for your child's school. We're education catering specialists and work in partnership with lots of schools in the local area.



Something For Everyone

Welcome to our new menu! We had some great feedback about our last one, so we've built the new menu to include some favourite dishes and have created plenty of exciting and innovative ones.

We're always thinking about the ingredients in our meals, and our recipes are designed to be inclusive and suitable for children with a range of tastes and requirements.

- 👍 Variety of Plant-based Foods
- 👍 More 'Free From' dishes, including our new No-Egg Cakes & Desserts
- 👍 Fewer Allergens to Increase Choice
- 👍 Supporting Faith & Lifestyle Diet Types
- 👍 Buying Sustainably & Reducing Waste

There is such a thing as a FREE SCHOOL LUNCH

School meals for Reception, Years 1 & 2 are **FREE** regardless of circumstances.

They are worth over £450 per child, each year.* Older children in Years 3 - 6 may still be entitled to free school meals.

WHY NOT APPLY TO FIND OUT?

TO APPLY FOR FREE SCHOOL MEALS
PLEASE VISIT:

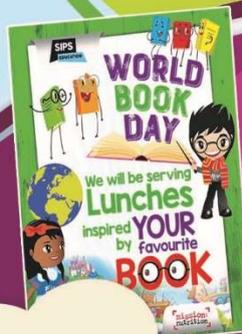
www.gov.uk/apply-free-school-meals



Food THEME DAYS add fun and inspire children to try a school meal!

Check out our exciting theme days!

Here are some
you can look
forward to.



Week 1

Week 2

Week 3



Monday



Tuesday



Wednesday



Thursday



Friday



Dates:

Cheesy Quesadilla, Sweetcorn,
Green Beans or Salad

Fishless Fingers, Sweetcorn,
Green Beans or Salad

Baked Apple Sponge & Custard
Muller Yoghurt

Cheese and Potato Pie, Baked
Beans or assorted Salad

Vegan Meatballs & Gravy, Mashed
Potato, Broccoli, Vegetable Medley

Brownie Bites & Mandarin Oranges
Vanilla Ice Cream

Savoury Pastry Roll, Potato
Wedges
With Beans or Salad

Veggie Brunch (Veggie Sausage,
Beans, Omelette, Hash Brown)

Chocolate Crispies
Fruit Jelly

Veggie Mince Bolognese, Pasta,
Sweetcorn or Assorted Salad

Margherita Pizza, Pasta, Sweetcorn
or Assorted Salad

Oat & Raisin Cookie
Muller Yoghurt

Fish Fingers, Chips, Peas, or Salad

Quorn Vegan Nuggets, Chips,
Peas or Salad

Cornflake Tart & Custard
Strawberry Mousse

2023: 05/06. 26/06. 17/07. 04/09.
25/09. 16/10. 13/11. 04/12.

2024: 08/01. 29/01. 26/02. 18/03

Veggie Chilli & Cheese Loaded
Wedges, Green Beans or Salad

Margherita Pizza Pasta Bake,
Green Beans or Salad

Arctic Roll
Chocolate Mousse

Quorn Southern Style Burger
Savoury Rice, Broccoli and Carrots

Vegetable Curry, Rice, Naan Bread
or Salad

Oaty Apple Crumble & Custard
Frozen Strawberry Yoghurt

Roast Quorn fillet Gravy, Roast
Potatoes, Peas and Carrots,

Sticky Veg Sausage, Loaded
Wedges, Peas, Carrots or Salad

Chocolate Cookie
Muller Yoghurt

Loaded Pizza, Sauté Potatoes or
Assorted Salad

Jacket Potato with Cheese &
Beans

Vegan Fruit Muffin (vg)
Fruit Jelly

Harry Ramsden Battered Pollock,
Chips & Baked Beans

Country Bake, Chips, Baked
Beans

Iced Shortbread Biscuit
Muller Yoghurt

2023: 12/06. 03/07. 24/07. 11/09.
02/10. 23/10. 20/11. 11/12.

2024: 15/01. 05/02. 04/03

Fish Fingers, Mashed Potatoes,
Peas, Carrots

Mac 'n' Cheese, Herby Bread,
Peas, Carrots or Salad

Chocolate & Cherry Muffin
Muller yoghurt

Quorn and Sweet potato Curry,
Brown & White Rice, Naan Bread
or Salad

Cheese and Tomato Pasta bake,
garlic bread & salad

Lemon Slice & Custard
Fruit Jelly

Veggie Lasagne, Herby Bread
Sweetcorn or Salad

Vegetarian Sausage, Jacket Wedges,
Spaghetti Hoops or Sweetcorn

Apple Flapjack & Custard
Vanilla Ice Cream Tub

Veggie Mince Bolognese with
Pasta & Garlic Bread or Salad

Margherita Pizza, Pasta, Coleslaw
or Assorted Salad

Sprinkle Tray Bake & Custard
Very Berry Mousse

Harry Ramsden's Junior Pollock,
Chips, Mushy Peas or Salad

Quorn Vegan Nuggets, Chips,
Mushy Peas or Salad

Melting Moment
Muller Yoghurt

2023: 19/06. 10/07. 18/09. 09/10.
27/11. 18/12.

2024: 22/01. 19/02. 11/03

Dishes may change without prior notice. This is a generic menu and may differ to the menu bespoke to your school, check your school's website for full details.

Fruit and
water
served
daily

